

## APPETIZERS

### EGGPLANT ROLLATINI **V** 10.95

Slices of eggplant with fresh mozzarella & marinara sauce & baked

### BRUSCHETTA **V** 7.95

Italian toast topped with fresh tomatoes, basil, garlic, salt pepper & mozzarella

### ARANCINI BALLS **V** 9.95

Italian rice balls stuffed with mozzarella, breaded with panko & fried golden brown, served with marinara

### MOZZARELLA FRITTI **V** 8.95

Fresh mozzarella hand-breaded in Tino's Italian breadcrumbs, fried to a golden brown, served with homemade marinara

### MOZZARELLA CAPRESE **GF** **V** 10.95

Fresh mozzarella, vine ripened tomatoes & fresh basil drizzled with olive oil & balsamic glaze

### TINO'S HOMEMADE MEATBALLS 9.95

Fifth generation family recipe served with Italian toast

### MUSSELS **GF** 10.95

Your choice of oregano, marinara, white wine or fra diavolo sauce or plain steamed

## LIGHTER FAIR

### SALMON & SPINACH **GF** 15.95

Grilled salmon filet served with sauteed spinach in garlic & oil

### GRILLED CHICKEN & BROCCOLI **GF** 12.95

Fresh chicken breast grilled & served with sauteed broccoli

### SHRIMP & SEASONAL VEGETABLES **GF** 17.95

Grilled jumbo shrimp served with sauteed seasonal vegetables

### STEAK & ASPARAGUS **GF** 14.95

Grilled 5 oz bistro filet served with grilled asparagus topped with parmesan

ADD AN ADDITIONAL 5 OZ FILET FOR \$5.00

## SIDES

SAUTEED SPINACH **GF** **V** 7.95

SAUTEED ASPARAGUS **GF** **V** 6.95

MUSHROOMS **GF** **V** 5.95

TINO'S MEATBALLS (2 PCS) 6.95

GLUTEN FREE BREAD **GF** 1.00

FRENCH FRIES **GF** **V** 6.95

BROCCOLI **GF** **V** 6.95

ITALIAN SAUSAGE **GF** 5.95

SAUSAGE, PEPPERS & ONIONS **GF** 8.95

MIXED VEGGIES **GF** **V** 7.95

Don't forget to ask about our Italian Market Homemade Pasta Sauces & Salad Dressings



LUNCH MENU

## HOAGIES

### CHICKEN PARMIGIANA\* 11.95

### EGGPLANT PARMIGIANA\* **V** 11.95

### GRILLED CHICKEN CAESAR WRAP 11.95

Lettuce, tomato, shaved parmesan cheese & Caesar dressing

### VEGGIE PITA **V** 10.95

Sauteed eggplant, peppers, tomatoes, onions & lettuce wrapped in pita bread, served with a side of hummus

### MEATBALL PARMIGIANA\* 11.95

### GRILLED CHICKEN 10.95

### STEAK & CHEESE 11.95

Thinly shaved beef topped with melted provolone

### TINO'S GYRO 11.95

Gyro meat with sauteed peppers, tomatoes, onions & lettuce wrapped in pita bread, served with a side of tzatziki sauce

### ITALIAN COLD CUT 11.95

Mortadella, capicola, salami, ham & provolone cheese

#### PLEASE SPECIFY TOPPINGS

Lettuce, Tomato, Raw Onions, Fried Onions, Sauteed Onions, Green Peppers, Mushrooms, Banana Peppers, Hot Pepper Relish, Pickles, Mayonaise, Ketchup, Mustard, Oil, Vinegar

#### ADD ON

American Cheese, Provolone Cheese, Mozzarella Cheese, Bacon 1.00 EA

All subs include fries. Substitute for any of the following side items:

Side House Salad, Side Caesar Salad, Broccoli, Mushrooms or Zucchini 2.00 EA

Pasta with Marinara or Mixed Veggies 3.00 EA

Asparagus 4.00 EA

\*Parmigiana hoagies include cheese

## CALZONE & STROMBOLI

### CHEESE CALZONE **V** 12.95

Ricotta cheese, mozzarella cheese & parmesan cheese

### VEGGIE CALZONE **V** 14.95

Broccoli, spinach, mushrooms, ricotta cheese, mozzarella cheese & parmesan cheese

### MEAT CALZONE 15.95

Pepperoni, sausage, ground beef, ricotta cheese, mozzarella cheese & parmesan cheese

### CHEESE STROMBOLI **V** 12.95

Mozzarella cheese & parmesan cheese

### MEAT STROMBOLI 15.95

Pepperoni, sausage, ground beef, mozzarella cheese & parmesan cheese

## SOUPS

MINISTRONE OR ITALIAN WEDDING CUP 6.95 / BOWL 8.95

SOUP OF THE DAY CUP OR BOWL / MARKET PRICE

MARYLAND CRAB CUP 7.95 / BOWL 10.95

## SALADS

#### DRESSINGS

Tino's House, Caesar, Ranch, Balsamic Vinaigrette, Italian, Bleu Cheese, Raspberry Vinaigrette, Lemon Oil  
2 OR MORE DRESSINGS .25 EA

#### ADD TO ANY SALAD

Grilled Chicken 4.95 // Blackened Chicken 5.95 // Grilled Shrimp 6.95  
Grilled Bistro Filled 6.95 // Pan Seared Salmon 6.95 // Blackened Salmon 7.95

### GARDEN SALAD Half 4.95 Full 9.95

Tomatoes, cucumbers, onions, kalamata olives, carrots, green peppers & pepperoncini served over spring mix

### CAESAR SALAD Half 4.95 Full 10.95

Parmesan & croutons served over romaine topped with homemade Caesar dressing

### SPINACH SALAD Half 6.95 Full 11.95

Grilled onions, diced tomatoes, bacon, hard-boiled egg, dried cranberries & goat cheese served over spinach topped with Raspberry Vinaigrette

### SICILIAN SALAD Half 7.95 Full 14.95

Grilled shrimp, salami, provolone, tomatoes, pepperoncini, cucumbers, green peppers, onions, kalamata olives & carrots served over spring mix topped with Tino's House dressing

### ITALIAN CAESAR SALAD Half 6.95 Full 12.95

Roasted red peppers, fresh mozzarella, parmesan & croutons served over romaine topped with homemade Caesar dressing

### TINO'S INSALATA SALAD Half 5.95 Full 10.95

Red onions, tomatoes, roasted red peppers & feta cheese served over spring mix topped with Balsamic Vinaigrette

### GREEK SALAD Half 5.95 Full 11.95

Feta cheese, cucumbers, tomatoes, onions, kalamata olives, pepperoncini & banana peppers served over fresh salad greens topped with Balsamic Vinaigrette

### TINO'S GYRO SALAD Half 7.95 Full 13.95

Grilled Gyro meat with toasted pita bread, sauteed tomatoes, onions, peppers, feta cheese, kalamata olives & pepperoncini served over romaine lettuce & field greens topped with Balsamic Vinaigrette

All salads can be made Gluten Free upon request

Can be made Gluten Free upon request, extra charges may apply **GF**

Vegetarian **V**

## PIZZA

|              | PERSONAL 10" | MEDIUM 14" | LARGE 18" | SCICILIAN 20" |
|--------------|--------------|------------|-----------|---------------|
| CHEESE PIZZA | 10.95        | 15.95      | 17.95     | 23.95         |
| TOPPINGS     | 1.00 EA      | 1.50 EA    | 2.00 EA   | 1.00 EA       |

## TOPPINGS

|                |                 |                |           |                     |
|----------------|-----------------|----------------|-----------|---------------------|
| Anchoives      | Broccoli        | Ground Beef    | Olive Oil | Roasted Red Peppers |
| Artichokes     | Chicken         | Ham            | Parmesan  | Tomatoes            |
| Bacon          | Eggplant        | Extra Marinara | Pepperoni | Salami              |
| Banana Peppers | Extra Cheese    | Meatball       | Pineapple | Sausage             |
| Basil          | Green Peppers   | Mozzarella     | Red Onion | Spinach             |
| Black Olives   | Grilled Chicken | Mushroom       | Ricotta   | White Onion         |

### SPECIAL REQUESTS

Gluten Free Pizza 14.95  
Available in 10" Personal

Vegan Cheese 3.00  
Available on Kids Pizza, 10"  
Personal & 14" Medium

Vegan Cheese 4.00  
Available on 18" Large or 20"  
Sicilian

## SPECIALTY PIZZA

|   | 10"   | 14"   | 18"   | 10"  | 14"   | 18"   |       |
|---|-------|-------|-------|--|-------|-------|-------|
| <b>MARGHERITA PIZZA</b><br>Fresh basil, fresh mozzarella & homemade pizza sauce   | 12.95 | 18.95 | 21.95 | <b>BRUSCHETTA PIZZA</b><br>Olive oil, basil, plum tomatoes, mozzarella & homemade pizza sauce                            | 12.95 | 16.95 | 19.95 |
| <b>WHITE PIZZA</b><br>Hand stretched dough, oregano & mozzarella cheese   | 10.95 | 15.95 | 17.95 | <b>SIGNATURE MEATBALL</b><br>Double portion of Tino's Meatballs, mozzarella & homemade pizza sauce                       | 12.95 | 17.95 | 20.95 |
| <b>VEGGIE PIZZA</b><br>Broccoli spears, artichokes, mushrooms, tomatoes, black olives, green peppers, onions, mozzarella & homemade pizza sauce | 13.95 | 18.95 | 22.95 | <b>ULTIMATE MEAT</b><br>Pepperoni, ham, bacon, ground beef, sausage, mozzarella & homemade pizza sauce                   | 16.95 | 20.95 | 23.95 |
| <b>TINO'S DELUXE PIZZA</b><br>Pepperoni, sausage, meatballs, green peppers, onions, mushrooms & homemade pizza sauce                            | 15.95 | 20.95 | 23.95 | <b>BBQ CHICKEN PIZZA</b><br>Plain white pizza with grilled chicken, mozzarella, shredded cheddar & topped with BBQ sauce | 12.95 | 16.95 | 18.95 |

## SPECIALTY PASTA

### RAVIOLI CHESAPEAKE GF 15.95

Homemade cheese ravioli sauteed with lump crab meat in a rose cream sauce

### PENNE VODKA GF 12.95

Penne in a rose cream sauce with a touch of vodka served with or without prosciutto

### SPAGHETTI & MEATBALLS 12.95

Homemade tomato sauce with spaghetti, topped with Tino's homemade meatballs

### GNOCCHI CAPRESE V 11.95

Potato dumplings sauteed with fresh mozzarella, diced tomatoes & basil in your choice of garlic oil or marinara

### TORTELLINI BOLOGNESE 13.95

Cheese tortellini sauteed with ground veal in a rose cream sauce

### FETTUCCINE ALFREDO GF V 12.95

Fettuccine egg noodles in a cheese & cream sauce

### FUSILLI PRIMAVERA GF V 12.95

Fusilli pasta with fresh zucchini, carrots, mushrooms, peas & broccoli in a light marinara sauce

## CREATE YOUR OWN PASTA

### CHOOSE YOUR PASTA

Spaghetti // Penne // Linguini // Angel Hair // Fettuccine // Fusilli // Wheat Penne 11.95 EA  
Tortellini // Gnocchi // Ravioli 14.95 EA  
Gluten Free Penne // Gluten Free Fettuccine // Gluten Free Ravioli 16.95

### CHOOSE YOUR SAUCE

Marinara, Tomato Sauce, Fra Diavolo, Lemon Wine, White Wine, Garlic & Oil NO CHARGE  
Alfredo // Rose Cream // Vodka // Marsala 2.95EA  
Meat Sauce 3.95 EA  
Bolognese // Pesto 4.95 EA  
Chesapeake 5.95 EA

### CHOOSE YOUR PROTEIN

Meatballs // Italian Sausage 3.95 EA  
Grilled Chicken // Sauteed Chicken // Blackened Chicken 4.95 EA  
Blackened Salmon // Salmon Medallions // Grilled Shrimp // Sauteed Shrimp // Crab Meat // Scallops // Mussels 6.95 EA

### CHOOSE YOUR VEGETABLE - SELECT ONE OR MORE

Artichoke // Asparagus // Banana Peppers // Black Olives // Broccoli // Green Peppers // Mushrooms // Onions (red or white) // Roasted Red Peppers // Spinach // Tomatoes .45 EA

## SEAFOOD

### SHRIMP SCAMPI GF 14.95

Large shrimp sauteed with garlic & lemon served over linguini pasta

### SEAFOOD MARE BELLA GF 15.95

Shrimp, scallops & crab meat sauteed in a light marinara served over angel hair pasta

### SHRIMP CHESAPEAKE GF 15.95

Fresh shrimp and lump crab meat in a rose cream sauce tossed with angel hair pasta

### SHRIMP FRA DIAVOLO GF 14.95

Large shrimp sauteed in a spicy marinara served over linguini pasta

### SALMON ROSE GF 14.95

Salmon medallions sauteed in a rose cream sauce served over penne pasta

### SHRIMP & ASPARAGUS RISOTTO GF 14.95

Large steamed shrimp over risotto with olive oil, onions, saffron & vegetable bouillon

## CHICKEN & VEAL

### PARMIGIANA GF Chicken 11.95 Veal 13.95

Lightly breaded fried golden brown topped with tomato sauce & mozzarella cheese served over spaghetti

### MARSALA GF Chicken 12.95 Veal 14.95

Sauteed with mushrooms in a marsala wine sauce served with spaghetti

### CHESAPEAKE GF Chicken 13.95 Veal 15.95

Sauteed with crab meat & roasted red peppers in a rose cream sauce served with angel hair pasta

### PICCATA GF Chicken 10.95 Veal 13.95

Sauteed with capers in a lemon white wine sauce served with spaghetti

### SALTIMBOCCA GF Chicken 13.95 Veal 15.95

Sauteed in marsala wine sauce topped with spinach, prosciutto & mozzarella served with spaghetti

### ALFREDO GF Chicken 12.95

Sauteed in a creamy alfredo sauce served with fettuccine pasta

### FRANCESE GF Chicken 11.95

Sauteed in a lemon wine sauce with chopped asparagus served over fettuccine pasta

### FLORENTINA GF Chicken 12.95

Sauteed in a sherry cream sauce topped with spinach & mozzarella served over fettuccine pasta

### CAPRESE GF Chicken 12.95

Sauteed with mozzarella, diced tomatoes & basil in your choice of garlic & oil or marinara sauce served with gnocchi

## BAKED DISHES

### EGGPLANT PARMIGIANA V 12.95

Eggplant fried golden brown topped with tomato sauce & mozzarella cheese served over spaghetti

### ATKINS SPECIAL 18.95

Meatballs, chicken & sausage in marinara sauce topped with mozzarella cheese then baked

### BAKED RAVIOLI GF V 12.95

Tino's homemade cheese ravioli in tomato sauce topped with mozzarella cheese then baked

### BAKED ZITI GF V 11.95

Penne pasta with tomato sauce & ricotta cheese topped with mozzarella then baked

### LASAGNA 18.95

Fresh ground beef & sausage in between layers of lasagna topped with mozzarella then baked to perfection